



Circular:

No: Admn./ 1430

Date: 15 MAR 2020

Guidelines for prevention of corona virus spread

Symptoms and Preventive Measures:

symptoms

1. Running nose
2. Headache
3. Cough
4. Sore Throat
5. Fever
6. General feeling of being unwell
7. Shortness of breath

Preventive Measures:

Individuals without respiratory symptoms should: -

- avoid agglomerations and frequency of closed crowded spaces;
- maintain distance of at least 1 meter from any individual with 2019-nCoV respiratory symptoms (e.g., coughing, sneezing);
- perform hand hygiene frequently, using alcohol-based hand rub if hands are not visibly soiled or soap and water when hands are visibly soiled;
- if coughing or sneezing cover nose and mouth with flexed elbow or paper tissue, dispose of tissue immediately after use and perform hand hygiene;
- refrain from touching mouth, eyes and nose;
- **a medical mask is not required, as no evidence is available on its usefulness to protect non-sick persons.** However, masks might be worn in some countries according to local cultural habits.

Individuals with respiratory symptoms should: -

-wear a medical mask and seek medical care if experiencing fever, cough and difficulty breathing, as soon as possible or in accordance with local protocols.

Students travelling to Andhra, Telanagana, Kerala, Delhi, Jaipur, and any subsequent areas of incidence of corona virus infection cases must report status of health after returning to VNIT especially if they have symptoms fever, cold, cough and running nose, breathing difficulty etc.

Students desirous of travelling out of Nagpur must take necessary precautions as advised.

Advisory regarding use of mask-

Wearing a medical mask is one of the prevention measures to limit spread of certain respiratory diseases, including 2019nCoV, in affected areas.

However, the use of a mask alone is insufficient to provide the adequate level of protection and other equally relevant measures should be adopted.

Wearing medical masks when not indicated may cause unnecessary cost, procurement burden and create a false sense of security that can lead to neglecting other essential measures such as hand hygiene practices.



Sr. Medical Officer



Registrar

कुलसचिव / REGISTRAR

**विश्वेश्वरय्या राष्ट्रीय / Visvesvaraya National
प्रौद्योगिकी संस्थान / Institute of Technology
नागपुर / Nagpur**