

## Conference Theme

### उलझन से उडान तक... A Journey From Confusion To Confidence !

**The Concept :** In the present days of challenges, people may label it as problems under the influence of negative thoughts. But with the right attitude can transform the person from pessimism of Confusion To the flight of positivity or Confidence. For this psychologists and counsellors can play a major Role of Transformation Agent !

## Conference Sub-Themes

The process of transformation from the state of **Confusion To Confidence** can be made possible by using various Tools, Techniques, Tracking Systems, Team Work in relevant Time Frames in prevailing situations. This task can be brought to fruition by applying following activities. These activity segments are the sub-themes for this conference as mentioned below.

1. Establishing Standard Operating Procedures i.e. SOPs & Uniform Documentation in Counsellor's Work Systems in Educational Institutions.
2. Empowering Counsellors Through KSA Training, Modern Work Systems and Conducting Research For Relevant Developmental Activities.
3. Sharing of Professional Experiences & with The Audience by Selected Delegates.
4. Role of Management Elites, Principals in Empowering Mental Health Activities Through Counsellors in Educational Institutions.
5. Conducting Research In Schools For Ensuring Effective Development of Students and Generating Achievers in Various Fields.
6. Making Appointments of School Counsellors in State Board Schools & New Education Policy.

**Important Dates :** Deadline to Submit Abstract (200 words) : 31<sup>ST</sup> Jan. 2024

Acceptance by Mail : 1<sup>ST</sup> February 2024, Full Paper Submission : 10<sup>TH</sup> February 2024

Full Paper Word Limit: 2000 Words. Selected Papers Will Be Published In The Souvenir.

## Conference Registration Fee in Indian Rupees :

1.School-College Counsellor, Special Educator, Psychologist, Principal, Teacher, Other.

**Rs.850/- For One Person. For Group of 4 persons Rs.3,000/-**

2. Students : **Rs.650/- For One Student. For Group of 4 Students Rs.2,400/-**

**Registration Fee Includes Conference Kit, Lunch, Refreshments & Certificate.**

**Accommodation :** Available Only on Request in VNIT Boys & Girls Hostel for Rs.600/- per person in Twin Sharing basis subject to pre-intimation.

**For Conference Registration Please Scan The QR Code**

Please Pay To	Rashtriya Shikshan Mandal
Payment Mode	Net Banking / UPI
Bank's Name	Bank of India, Ajni Sq., Nagpur
S.B.Acc.No.	870 7101 0000 7739
IFSC Code	BKID 000 8707
MICR Code	44 00 13 003
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**To Pay**



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*Don't Limit Your Challenges ! Challenge Your Limits !*



## A Journey From Confusion To Confidence !

### National Conference

**For School / College Counsellors, Psychologists  
Special Educators, Teachers & Principals**

**Venue :** Physics Assembly Hall, VNIT, South Ambazari Road, Nagpur  
Maharashtra 440 010

**Day, Date & Time :** Sunday, 25<sup>TH</sup> Feb.2024 From 9 am to 5.30 pm.

*Jointly Organized By Department of Humanities & Social  
Sciences, VNIT Nagpur, And ...  
Counsellor's Association For Research & Empowerment*

Patronized By

**International Institute of Research in Psychology & Health Sciences  
of Rashtriya Shikshan Mandal, Nagpur**

(Registration No. Maha / 232 / 93; F-10765 Nagpur)

**Patrons**

**Director - VNIT : Dr.P.M. Padole**

**Director - CARE & Conference Convenor : Dr.Nitin Vighne**

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**VNIT-Organizing Secretary : Dr.Yogesh Deshpande**

## The Purpose Of Organizing This National Conference

अन्नदानं परं दानं विद्यादानमतः परम् । अन्नेन क्षणिका तृप्तिर्यावज्जीवं च विद्यया ॥

This Sanskrit Subhashit means that, "the offering of food is great; but the offering of education is even greater. While food satisfies only momentarily, education satisfies during the entire course of life."

We at CARE i.e. **Counsellors Association For Research & Environment**, are striving our best to provide the right environment and systems for the empowerment of students. Our SUPER objectives are set to provide relevant services of School Counsellors and Special Educators with the help of various systems. These work systems can be effectively used with the help of Central & State Governments, Management Elites of educational institutions and their teams of teaching & non-teaching staff. Parents and society in general, as well is a part of this great task. Indians are second to none; but despite this fact number of Olympic Gold Medals, Nobel Prizes, Research Patents, Innovations and such contributions to the world in various domains are noticeably limited. Similarly our 'National Performance' as whole is not matching to our strength of population of 140 crores ! This contrast exist because we need to set systems through which we can identify and nurture the hidden talents of students, right in their childhood and then develop them to match the global competition in their formative years of education.

For student's holistic development, Role of School / College Counsellors is much more than just counselling students. School Counsellors can help students by conducting training programs to inculcate healthy habits & life skills, can offer help to improve their study techniques, improve their mental powers like concentration, memory, problem solving, and help them in acquiring soft skills in three specific domains like **21 Intra-Personal Skills**, **22 Inter-Personal Skills** or Social Skills and finally set a foundation for Professional Excellence by training in **38 Corporate Skills**.

**As well counsellors can help teachers, parents, principals and management by conducting training programs for their empowerment.** But presently this is not happening in quality or quantity, in India as Counsellors are appointed only in 'some' schools of CBSE board and not at all in State Board Schools. Even if some CBSE schools and colleges appoint Psychologists as full time Counselors, their time is not utilized optimally for what they are appointed due to various reasons. For optimum utilization of psychologists as counsellors many changes are required. **We as an organization can help Central & State Governments and Educational Institutions to install most needed Work Systems, including SOPs and Documentations** through Training Programs, Workshops, Conferences, Research & Developmental Activities. This National Conference is being organized to fulfill the same objectives to bridge the gap between the desired levels of Work Systems and the current practices. We request you to help us spread the awareness among all the said stake holders in India.

## About CARE And the S.U.P.E.R. Objectives of C.A.R.E.

CARE is the **Counsellor's Association For Research & Empowerment** patronized by **International Institute of Research in Psychology & Health Sciences** of **Rashtriya Shikshan Mandal**, a registered organization since 1992. Please visit our website.

**The SUPER OBJECTIVES OF CARE are :**

- 1. Sharing & Integration of Professional Experience** For Empowerment of School Counsellors.
- 2. Upgrading Knowledge, Skills & Attitude** of School Counsellors, Teachers, Parents & Students.
- 3. Prevention & Treatment of Psychology Related Problems** in the School Environment.
- 4. Establishing & Implementing Uniform S.O.Ps** for Work & Documentation Systems for School Counsellors And To Ensure School Counsellor's Appointments In State Board Schools like CBSE.
- 5. Research** in various Subjects in Psychology Relevant to Education & Behaviour in Schools.

## Spectrum of Training & Activities For School Counsellors

**Knowledge Component :** For the Prevention & Treatment of Psychological Problems and for the Development of Students, Parents, Teachers in Personal, Professional & Social Life.

**Skills Component : A) Intra-Personal Skills, B) Inter-Personal Skills, C) Professional Skills and D) Holistic Personality Development.**

**Attitude Component :** Related to the current demands of dynamic job profile of School Counselors and their Socio-Economic as well as Cultural Environments.

### Action & Implementation Component :

1. Free Recruitment Assistance To Schools & Counselors for New Appointments.
2. Internship & Induction Training Programs for the NEW School Counselors.
3. Performance Rewards & Continuing Professional Development Programs.
4. Interactions & Conferences of Principals to Update & Upgrade Work Systems.
5. Establishing Domain Feedback & Support systems with Government & Agencies

## About VNIT

Visvesvaraya National Institute of Technology i.e. VNIT is one of the 31 National Institutes of Technology in the country is Institute of National Importance and deemed University, founded in 1960. It is named after the eminent engineer, planner, and statesman of the country Sir Shri.Mokshgundam Visvesvaraya.

## About Humanities & Social Sciences Department of VNIT

The HSS Department at VNIT offers various courses at UG,PG and PhD levels in English, **Psychology**, Sociology, Economics, Pali, Sanskrit & German for academics and research. The department's main aim is to inculcate knowledge and skills pertinent to human relations and social linguistics for the development of the country. It promotes good communication, soft skills & moral values to enter the world as competent professionals.